

Evening prayers

Before the ending of the day,  
Creator of the world, we pray  
That you, with steadfast love, would keep  
Your watch around us while we sleep.

God our Father, by whose mercy  
the world turns safely into darkness and returns again to light:  
we place in your hands our unfinished tasks,  
our unsolved problems, and our unfulfilled hopes,  
knowing that only what you bless will prosper.  
To your love and protection  
we commit each other and all those we love,  
knowing that you alone are our sure defender,  
through Jesus Christ our Lord.

And may your love that never fails  
continue to be shared  
through the kindness of strangers  
looking out for each other,  
for neighbours near and far  
all recognising our shared vulnerability,  
each of us grateful for every breath,  
and willing everyone to know the gift  
of a full and healthy life.  
Keep us all in your care.  
Amen.

We are not people who protect our own safety:  
we are people who protect our neighbours' safety.  
We are not people of greed:  
we are people of generosity.  
We are your people God,  
giving and loving,  
wherever we are,  
whatever it costs  
For as long as it takes,  
wherever you call us.  
Amen.

# Lockdown Prayers

We pause daily, coming  
together in prayer at 10.00am



## Lockdown Prayers

*Even in the darkest moments, love gives hope.*

*As we pray in our individual homes – around the nation and around the world – we are united as one family.*

*So, let us pause and find a moment of peace, as we lift up our hearts together in prayer.*

*Perhaps you might light a candle and sit quietly for a moment or two before moving into prayer.*

### Opening Prayer

Lord Jesus Christ, you said to your disciples,  
'I am with you always'.

Be with me today, as I offer myself to you.  
Hear my prayers for others and for myself,  
and keep me in your care.

### For the lonely and those trapped in fear

God of compassion, be close to those who are ill,  
afraid or in isolation. In their loneliness, be their consolation;  
in their anxiety, be their hope; in their darkness, be their light;  
through him who suffered alone on the cross,  
but reigns with you in glory, Jesus Christ our Lord. Amen.

### From one who is ill or isolated

O God, help me to trust you, help me to know that you are with me,  
help me to believe that nothing can separate me from your love  
revealed in Jesus Christ our Lord. Amen.

### A children's prayer

Dear God, please bless all our friends  
They are not allowed to go to school or come over to play.  
I'm sad because I miss them.  
They must be feeling miserable and lonely as well.  
Please be close to them.  
Please be with the people who are looking after them.  
If they are poorly please help them to get better and to know that you love  
them. Amen.

### Prayers for each day of the week

#### MONDAY

For the health workers tending the seriously ill  
for the scientists working on a vaccination  
for the researchers analysing data and identifying trends  
Thanks be to God

#### TUESDAY:

For the good news stories of recoveries and effective planning  
for the media outlets working to communicate reality  
for the supermarket workers, refuse collectors, and all essential workers  
Thanks be to God

#### WEDNESDAY:

For the clapping for the NHS by locked-down communities  
for the recognition that isolation doesn't need to mean loneliness  
for the notes through letterboxes offering help and support  
Thanks be to God

#### THURSDAY

For the internet and telephones and technology that connects  
for the awakened appreciation of what is truly important  
for a renewed community spirit  
Thanks be to God.

#### FRIDAY

For those who are unwell and concerned for loved ones  
for those who were already very anxious  
for those in the 'most at risk to coronavirus' categories  
for those who are afraid to be at home  
Lord hear our prayer

#### SATURDAY

For those watching their entire income stream dry up  
for those who have no choice but to go out to work  
for those who are more lonely than they've ever been  
for those who are bereaved and grieving.  
Lord hear our prayer

Lord, raise up your Church  
to be your well-washed hands and faithful feet  
to be present to the pain  
to respond with love in action  
if even from a safe distance. Amen.