

Lockdown Prayers

We pause daily, coming
together in prayer at 10.00am



Charity Number 250086

Evening prayers

Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.

God our Father, by whose mercy
the world turns safely into darkness and returns again to light:
we place in your hands our unfinished tasks,
our unsolved problems, and our unfulfilled hopes,
knowing that only what you bless will prosper.

To your love and protection
we commit each other and all those we love,
knowing that you alone are our sure defender,
through Jesus Christ our Lord.

And may your love that never fails
continue to be shared
through the kindness of strangers
looking out for each other,
for neighbours near and far
all recognising our shared vulnerability,
each of us grateful for every breath,
and willing everyone to know the gift
of a full and healthy life.
Keep us all in your care.
Amen.

We are not people who protect our own safety:
we are people who protect our neighbours' safety.
We are not people of greed:
we are people of generosity.
We are your people God,
giving and loving,
wherever we are,
whatever it costs
For as long as it takes,
wherever you call us.
Amen.

Lockdown Prayers

*Even in the darkest moments, love gives hope.
As we pray in our individual homes – around the nation and around the world – we
are united as one family.
So, let us pause and find a moment of peace, as we lift up our hearts together in
prayer.*

*Perhaps you might light a candle and sit quietly for a moment or two before
moving into prayer.*

Opening Prayer

Lord Jesus Christ, you said to your disciples,
'I am with you always'.
Be with me today, as I offer myself to you.
Hear my prayers for others and for myself,
and keep me in your care.

For the lonely and those trapped in fear

God of compassion, be close to those who are ill,
afraid or in isolation. In their loneliness, be their consolation;
in their anxiety, be their hope; in their darkness, be their light;
through him who suffered alone on the cross,
but reigns with you in glory, Jesus Christ our Lord. Amen.

From one who is ill or isolated

O God, help me to trust you, help me to know that you are with me,
help me to believe that nothing can separate me from your love
revealed in Jesus Christ our Lord. Amen.

A children's prayer

Dear God, please bless all our friends
They are not allowed to go to school or come over to play.
I'm sad because I miss them.
They must be feeling miserable and lonely as well.
Please be close to them.
Please be with the people who are looking after them.
If they are poorly please help them to get better and to know that you love
them. Amen.

Prayers for each day of the week

MONDAY

For the health workers tending the seriously ill
for the scientists working on a vaccination
for the researchers analysing data and identifying trends
Thanks be to God

TUESDAY:

For the good news stories of recoveries and effective planning
for the media outlets working to communicate reality
for the supermarket workers, refuse collectors, and all essential workers
Thanks be to God

WEDNESDAY:

For the clapping for the NHS by locked-down communities
for the recognition that isolation doesn't need to mean loneliness
for the notes through letter-boxes offering help and support
Thanks be to God

THURSDAY

For the internet and telephones and technology that connects
for the awakened appreciation of what is truly important
for a renewed community spirit
Thanks be to God.

FRIDAY

For those who are unwell and concerned for loved ones
for those who were already very anxious
for those in the 'most at risk to coronavirus' categories
for those who are afraid to be at home
Lord hear our prayer

SATURDAY

For those watching their entire income stream dry up
for those who have no choice but to go out to work
for those who are more lonely than they've ever been
for those who are bereaved and grieving.
Lord hear our prayer

Lord, raise up your Church
to be your well-washed hands and faithful feet
to be present to the pain
to respond with love in action
if even from a safe distance. Amen.